

Housing Options for Programs in Pittsfield, MA

Megha Nancy Buttenheim, CJO (Chief JOY Officer): *Let Your Yoga Dance*

For programs and trainings at the Let Your Yoga Dance Studio, participants create their own housing. Here are ten options for nearby Air BnB's and motels; you can look for more high end options if you would prefer to do your own sleuthing.

- 1) **Polly's House.** Polly Reid - Housatonic St, Lenox, MA 01240. Wonderful sweet home (I lived there for almost 2 years). Polly's an Earth Angel.
Contact Polly at pollyshouse1@gmail.com or 413-822-8675
- 2) **Yankee Inn,** Pittsfield Rd, Lenox, MA # 413-499-3700 (on the Pittsfield border, quite close to Guidos, the Whole Foods of the Berkshires – five rooms have already been reserved for you there, as it is a handy location to great food)
- 3) **Hilton Garden Inn** (home to Jae's Restaurant, one of the best Asian fusion restaurants in the Berkshires). 1032 South St, Pittsfield. @\$138.00 a night.
- 4) **Black Swan Inn** (Lee) 435 Laurel St, Lee, MA 01238 – # 413-243- 2700
- 5) **Rodeway Inn** (Lee) 200 Laurel St, Lee, MA 01238-9508 # 413-243-0813
<https://www.booking.com/hotel/us/hotel-cheshire-road-pittsfield.html>

Black Swan and Rodeway Inns - are CHOICE HOTELS:

<https://www.choicehotels.com/massachusetts/lenox/comfort-inn-hotels>

- 6) **Berkshire Inn** - 150 W Housatonic St, Pittsfield #413-443-3000
- 7) **Best Western** - 1350 W Housatonic St, Pittsfield #844-760-2928
- 8) **Air BnB. Debbie and Tom Grinelli** – 6 Kathy Way, Pittsfield. 860-881-6219.
\$70 a night. With small outdoor pool. Includes light breakfast. I walk by this lovely house almost every day. It is an eight minute *walk* from my studio on Elmview Terrace....
- 9) **Air BnB. Molly guest house.** 233 Holmes Road, Pittsfield. 413-822-8475
- 10) **Kripalu Center** – Stockbridge <https://kripalu.org/stay> #413-448-3400
Kripalu is the most expensive choice but you will get all the nice Kripalu amenities, including early morning yoga classes. Note: You will be *unable* to participate in a chunk of what you are paying for at Kripalu because for most of the day you will be with us, letting your yoga dance in my Let Your Yoga Dance Studio in Pittsfield. But Kripalu *does* offer three meals.....